

# March 2008

## Springville Senior Citizens

### 65 E. 200 S. 489-8738

Mon	Tue	Wed	Thu	Fri
3 Country Fried Steak Baked Potato Sour Cream Broccoli Cuts Banana Sugar Cookie Wheat Roll	4 Chicken Ala King Baking Pwdr Biscuit Green Beans California Pasta Salad Peach Shortcake	5 Meatloaf Mushroom Gravy Parslied Potatoes California Vegetables Tossed Salad Orange Cake White Roll	6 Breaded Chicken Mashed Potatoes Chicken Gravy Whl Kernel Corn Pear Blueberry Cobbler Wheat Roll	<b>7</b> <b>Birthday Lunch</b> Roast Pork Brown Gravy Baked Potato Sour Cream Sliced Carrots Fruit Salad Cherry Cream Crunch White Roll
10 Sea Burger Tartar Sauce Tomato Slices Shredded Lettuce Fried Tater Tots Apple Butterscotch Pudding	11 Pork Chow Mein Chinese Noodles Tossed Salad Almond Cookie Wheat Roll	12 Hot Dog Sauerkraut Baked Beans Orange Apple Crisp	13 Beef Stroganoff Plain Noodles Brussels Sprouts Gelatin Salad Peach Shortcake White Roll	14 Breaded Chicken Chicken Gravy Mashed Potatoes Broccoli Cuts Grape Juice Cherry Cobbler White Roll
<b>17</b> <b>St. Patrick's Day Celebration</b> Hamburger Pie Mashed Potatoes Fruit Salad Rice Pudding Wheat Roll	18 Baked Ham Broccoli Cuts Au Gratin Potatoes Cottage Cheese/ Pears Rice Pudding White Roll	19 Beef and Pepper Steak White Rice Whole Kernel Corn Banana Filled Bundt Cake White Roll	20 Polish Sausage Parslied Potatoes Peas Peach Half Choc Chip Cookie White Roll	21 Roast Beef Brown Gravy Baked Potato Green Beans Tossed Salad Brownie Wheat Roll
24 Chicken Patty Sandwich Shredded Lettuce Tomato Slices Potato Salad Banana Chocolate Cake	25 Lima Bean w/ Ham Sliced Beets Vitamin Salad Chocolate Pudding Cornbread	26 Chicken Pot Pie Chicken Gravy Broccoli Cuts Gelatin Salad Oatmeal Raisin Cookie Wheat Roll	27 Oven Fried Chicken Stuffing Chicken Gravy Green Beans Macaroni Salad Orange White Roll	<b>28</b> <b>Big Dinner</b> BBQ Pork Rib Baked Potato Sour Cream Pkt Sliced Carrots Three Bean Salad Cherry Pie White Roll
31 Beef Stew Bkg Pwd Biscuit Tossed Salad Carrot Cake			<p>Call 489-8738 by noon the day before to make dinner reservations. Choose from the menu, diabetic or salt free meal or chef's salad. Food is provided by Mountainland.</p> <p>Donation per person over 60: \$2.00            Cost per person under 60: \$4.90            Chef Salad donation per person over 60: \$2.25            Salad cost per person under 60: \$5.65</p>	